



INSPIRATIONAL ✧ EDUCATIONAL ✧ JUST SENSATIONAL

## The Annual Volunteer-Driven Festival of Jewish Culture & Lifelong Learning



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Sunday, December 2, 2018  
[www.LimmudBoston.org](http://www.LimmudBoston.org)

SUPPORTED BY  
**cjp** 

LimmudBoston at 1860 Washington St., Newton, MA  
Temple Reyim / Mayyim Hayyim Campus

We invite *you* to learn more.



Hebrew College offers a rich variety of Jewish learning experiences, from youth education to adult learning to degree and ordination programs.

Learn more at  
[www.hebrewcollege.edu](http://www.hebrewcollege.edu)

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PTJL `Tween ♦ PTJL Teen ♦ Eser (Adults 20s-30s) ♦ Open Circle Jewish Learning



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617.559.8600 | 160 Herrick Road, Newton Centre, MA 02459

December 2, 2018  
24 Kislev 5779



**Welcome to LimmudBoston 2018!** Today's program of 80+ sessions was curated by our spectacular Program Team in collaboration with more than 100 presenters and performers. We invite you to follow your passions and discover something new! Choose from a variety that encompasses text study, movement, social justice, food, performance, Israel, learning, discussion, meditation, and much more.

Keep in mind:

**Volunteer + Participate = Volunticipate!** Please check the Lobby Help Board throughout the day and pitch in where you can.

**Chanukah Candle-Lighting & Musical Finale** Join members of Moishe House and our many musicians for a soulful and celebratory start to Chanukah.

**Speaking of Chanukah** Check out the Silent Auction and the booths in the exhibit hall for unique gifts for all ages and types. (When you purchase a gift through the Silent Auction, you give twice, since the Silent Auction is a principal source of funding for LimmudBoston. Bidding closes at 4pm.)

If you are inspired today, **join the LimmudBoston teams** that create future Limmud programs for the Greater Boston community. The Limmuditude continues throughout the year, starting with a debrief party tomorrow night, Monday, Dec. 3rd, here at Temple Reyim. RSVP at the Registration Desk. Get involved! Your time and talent are part of what makes LimmudBoston happen.

Happy Chanukah,



Shirah Hecht  
Program Chair

Steffi Aronson Karp  
Founder & President



**Chanukah Candle-Lighting with  
Moishe House & Musical Friends  
5:00PM in the Lobby**



Program Planning Team Members (*l to r*): Carol & David Stollar, Andrea Kamens, Terri Swartz Russell, Emma Stitcher, Mitch Gordon, Arnie Davidson,  
Not pictured: Deb Barsel, Monica Brettler, Julie Wolkoff



## **Our Mission Statement:**

**LimmudBoston** is both the annual, volunteer-driven conference celebrating Jewish life *and* the resulting collaborative community that our events inspire.

## **Limmud International Core Values:**

**Learning | Expanding Jewish Horizons | Enabling Connections | Participation | Empowerment Diversity | Community and Mutual Responsibility | Respect | Arguments for the Sake of Heaven | Religious Observance**

**LimmudBoston** honors the core values of **Limmud International**. We celebrate learning, diversity and community involvement. We honor tradition and explore expanding our Jewish horizon. We value all members of the community. We foster connections and encourage participation.

### **Core Value: Learning**

- Everyone should be a student and anyone can be a teacher. Learning embraces personal development, knowledge and skills.
- Learning changes people, inspires action and opens new worlds.
- We encourage the creation of a learning environment in which people are able to reflect and grow.
- There are many inspirations that can offer opportunities for learning.

### **Core Value: Enabling Connections**

- We aim to create opportunities for communities and individuals to connect.
- We recognize the strength of providing a space where spiritual, emotional and intellectual connections are made.

### **Core Value: Participation**

- Volunteerism is a key feature of almost everything we do.
- We are all responsible for each other and for the communities we create – everyone has an important contribution to make.
- We encourage participants to take an active part in all we do.

### **Core Value: Respect**

- No-one is more important than anyone else.
- We expect all participants to be respectful of one another, and to recognize that all volunteers are also participants.
- Personal attacks are not acceptable in any Limmud context, especially within sessions at events.

### **Core Value: Empowerment**

- We inspire people to be ambitious about their contribution.
- We challenge people, and trust them to rise to that challenge.
- We see the potential of individuals and communities, and support their development.
- We empower people to make choices and provide the information they need to inform those choices (including in the biographies which we ask presenters to provide).

### **Core Value: Confidentiality**

- What goes on in this room, stays in this room. We respect privacy. What is shared in confidentiality in a session is not public information to be shared by participants.

### **Core Value: Expanding Jewish Horizons**

- We strive to create individual, collective and communal experiences, through which we strengthen and develop our Jewish identity.

### **Core Value: Diversity**

- We value the rich diversity among Jews, and so we seek to create cross-communal and intergenerational experiences.
- We value accessibility, and aim to be accessible to all.
- We value choice in form, content and style in our programs.
- We encourage people not to stereotype others.

### **Core Value: Community and Mutual Responsibility**

- Limmud is a community of learning.
- We can achieve more together than we can individually.
- We gain from, and should give something back to, the Jewish and wider community.

### **Core Value: Arguments for the Sake of Heaven**

- We recognize and appreciate that ‘arguments for the sake of heaven’ can make a positive contribution to furthering our education and understanding.
- We do not participate in legitimizing or de-legitimizing any religious or political position found in the worldwide Jewish community. Anyone coming to Limmud seeking opportunities for this will not find them. We have no part to play in the debates between/across denominations.
- Sessions which encourage vigorous debate are entirely acceptable but we will seek to avoid religious or political conflict. Sessions should be educational, and not polemical.

### **Core Value: Religious Observance**

- We seek to create an inclusive environment for all participants whatever their religious observance practices.
- We believe in the importance of enabling Shabbat and kashrut to be kept in all public areas as far as possible, so that Jews do not have to separate themselves one from another.
- We recognize that in private areas, people will behave as they wish.
- We ask that in matters of Shabbat and kashrut all participants behave in a way which is respectful of the religious observance of others.


**No matter where you are on the spectrum of Jewish living,  
there is more to learn and more to do at LimmudBoston**

# LimmudBoston 2018 Volunticipants

***You are the model of volunticipation! You make this day! Thank you for your creativity, ideas, actions, meetings, phone calls, emails, tweets, Facebook shares and more!***

## Special Thanks

Deb Barsel, Sheila Berenson, Aviva Bock, Sally Bock, Arnie Davidson, Greg Fain, Mitch Gordon, Bonnie Greenberg, Naomi Gurt Lind, Ken Hausman, Andrea Kamens, Ira Korinow, Wendy Liebow, Barbara Miller, Maureen Mintz, Marcia Plumb, Larry Saloman, Michael Shire, Sharon Solomon, Paula Spies, Emma Stitcher, David Stollar, Terri Swartz Russell, Alan Teperow, Julie Wolkoff, Adina Zarchan, Robin Zucker.

- **LimmudBoston** exhibitors & advertisers, Silent Auction and other donors
- **Catering by Andrew**
- **Robin Zucker**, KaszuckerDesign.com
- **Nancy Honig**, igorilla.com
- **Combined Jewish Philanthropies** 
- **Marty Sullaway**, Tech Team
- **Kesher Newton, Kesher Cambridge, the EJE Experiential Jewish Education Network**
- **Suzuki Preschool of Newton, Newton Bridge Club**
- **Temple Reyim** a welcoming community, including Jean Max, Luis & the entire team
- **Limmud.org, Limmud North America** & the 90 other world-wide Limmuds, who share so much!
- **Sharon Solomon**, Volunteer Coordinator
- **Judy Shoobe, Adina Zarchan, Paula Spies**
- **Peak Event Services**, Stoughton, MA
- **Sands Creative Group**
- **Arnie Davidson**, SoundPresents
- **Mitch Gordon**, WCUW
- **Terry Goldzier**
- **Andrea Kamens & Jewish Storytelling Coalition**
- **Joanne Higham**, CPA
- **Ken Hausman**, HHHVideo.com
- **Witmer, Karp, Warner & Ryan, LLP** (pro bono)
- Eric Karp and all the other volunticipant spice: We thank you for your generosity & patience!



## LIMMUDBOSTON BOARD OF DIRECTORS



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Steffi Aronson Karp,  
Founder & President

# 2018 LimmudBoston General Information

*LimmudBoston runs on volunteer power!*

## Emergencies:

- In the event of an emergency, call 911. Stay on the line to state the nature of the emergency and your location. (Temple Reyim, 1860 Washington Street, Newton)
- Also notify a LimmudBoston volunteer at the Help Desk.

## Other Questions:

- There are **volunteers** around the building wearing **LimmudBoston t-shirts**. Please ask them for assistance with any questions you have, and they'll do their best to meet your needs.  
*Yes! They could use your help! Put on a t-shirt and grab a shift!*
- The **Help Desk** is in the lobby for emergencies, first aid, lost & found and other helpful information.

**Name Tags:** For your security, **wear your name tag at ALL times.**

**Food Rules:** Please honor Temple Reyim's strict kashrut policy. *Do not bring any food into this building.* The sanctuary and some other rooms are FOOD FREE and NUT FREE due to student allergies. Your scrupulous cooperation is required.  
**Please respect signage!**

## Lunch:

- If you ordered your lunch before the conference, your name tag is color-coded on the back with your order.
- A limited number of **lunch tickets are available for purchase** today at the Walk-In Registration Table.
- **We are a volunteer-driven conference! Kindly 'stash the trash!**

**Accessibility:** This is an accessible building with ramps for those who require them. Look around. Offer to assist!

**Volunteering:** **We can always use more help! Please pitch in!** Check out jobs posted at the Registration Desk in the lobby. Join us as a voluticipant for next year's LimmudBoston!

**End of Day Cleanup:** At Limmud conferences around the world, participants clean up after themselves. Join us at the end of the day to help make sure that we leave Temple Reyim even cleaner than we found it.



*Cultivate Limmuditude!*

*Join a volunteer team for the next LimmudBoston!*

**Apologies in advance:** We apologize for any errors or typos in this program.



# Friends of LimmudBoston



*at press time*

## **Pillar of Learning**

Thank you to our very generous  
Anonymous donors

Paul Aronson

Century Bank

Temple Reyim

## **Prophet Level**

Hebrew College

Temple Emanuel, Newton, MA

## **Scholar Level**

Anonymous

Sally Bock

Ira Korinow

Alan Teperow

Maureen Mintz/Eldad Ganin

Barbara Posnick & Carl Mikkelsen

## **Learner Level**

Carol and David Stollar

Johathan Wolf

Temple Aliyah, Needham

Marshall L. Weintraub

Ruth Seidman

## **Well-Wishers**

*A donation in memory  
of those murdered  
at Tree of Life in Pittsburgh*

Benjamin Newman

Jim Nuzzo

Nicole Rudolph

## **Silent Auction Donors**

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and Paula Brody & Family Education Center

Milton's The Store For Men

Nandish Desai Photography

New Rep Theatre

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Sara Gardner

Seoul Therapy massage

TimeFinder

Upland Road

Valvoline

Waban Market

Y3K Tutor In Your Home

**Illuminating & Enlightening**



*Shalom and Welcome!*

Combined Jewish Philanthropies is thrilled to be a sponsor of LimmudBoston. The Jewish Learning and Engagement team at CJP is committed to connecting people across Greater Boston to Jewish life, community, and dynamic and engaging learning experiences like Limmud. We strive to employ strategies to increase creativity, innovation and excellence, to create many diverse points of entry to participation, and to bolster the meaningful sense of connection and community.

We hope that your experience today at LimmudBoston will inspire you to join us for the many wonderful programs that CJP supports throughout the year. We are proud to offer *Me'ah* (100 hours of adult Jewish learning), *Me'ah* Select (one semester courses), *Me'ah* Online, Parenting Through a Jewish Lens, Open Circles Learning, and *Eser* (10 sessions of young adult Jewish learning), through Hebrew College. We also offer The Genesis Forum, a monthly learning session at CJP's Kraft Family Building, and Read On, a community-wide book read culminating in a conversation with the author each spring. Additionally, CJP supports a wide range of Jewish opportunities for children and teens and their families, including overnight camping, day schools, and our work to transform and innovate in supplementary schools through Jewish Learning Connections.

There are so many opportunities to continue learning here in Boston. If you are looking for your next step, spend some time at [JewishBoston.com](http://JewishBoston.com) where you can easily find all that our learning community has to offer.

We wish everyone a wonderful day of learning, growth, and exploration!

Rabbi Marc Baker  
*President & CEO*

Cynthia R. Janower  
*Chair, Board of  
Directors*

Rabbi Elyse Winick  
*Senior Director,  
Learning and  
Engagement*

Julie Vanek  
*Director, Learning  
and Engagement*





December 2018

Dear Limmud Participants,

On behalf of the entire learning community at Hebrew College, I am honored and delighted to join in welcoming you to this year's LimmudBoston conference.

LimmudBoston is part of an extraordinary international phenomenon that has created diverse opportunities for vibrant Jewish teaching and learning in cities and countries around the world. Its core commitments – to lifelong learning in a context of mutual responsibility and respect, curiosity, personal engagement, empowerment, and argument for the sake of heaven – are commitments that we at Hebrew College also hold dear. We are proud to be partners in this sacred endeavor.

This year, as we grieve for those who tragically lost their lives at the Tree of Life Synagogue in Pittsburgh, it feels particularly poignant and meaningful to hold fast to the enduring Tree of Life that we share as Jews – the living and life-giving Torah that is revealed and renewed whenever and wherever Jews gather together to study and to teach.

We are excited to be part of today's gathering, and to have many Hebrew College faculty, students, and alumni here as both presenters and participants. I hope you'll have a chance to meet some of them, to learn with and from them, and to be moved by the creativity and depth of their approach to Jewish study.

Most importantly, I hope you'll be inspired by all of today's wonderful programs to find out more about the rich and varied opportunities for ongoing study at Hebrew College. Whether through our graduate programs or our offerings in adult learning, whether in person or online, whether with a study partner or on your own – join us in making meaningful Jewish learning part of your life throughout the year.

On a personal note, I'm new to my role as President of Hebrew College, and I too am a lifelong learner. I'm eager to hear from you – to learn more about how Hebrew College can help meet your needs and welcome you, your family, and your community so that together we can continue to hold fast to our Tree of Life.

B'virkat shalom,  
With blessings of peace,

Rabbi Sharon Cohen Anisfeld  
President, Hebrew College

[sanisfeld@hebrewcollege.edu](mailto:sanisfeld@hebrewcollege.edu)  
<https://www.hebrewcollege.edu>



TEMPLE REYIM

*A Community of Friends*

Rabbi Daniel Berman

הרב דניאל ברמן

Dear Friends

I am delighted to welcome you to Temple Reyim for the ninth annual LimmudBoston. This is the third year that we have the honor of hosting LimmudBoston at Reyim and each year it is more exciting and energizing to be part of such a special community event.

LimmudBoston offers a diverse array of teachers and subjects so that anyone and everyone has an entryway into Jewish learning. Here you will encounter scholarship, creativity, challenging questions, poetry, stories, Yiddushkeit and much more. Each of our teachers today brings enthusiasm and passion; and we hope you will find the experience enriching. Jewish learning is one of our most essential mitzvot; it roots us in our ancient tradition while inspiring us to be curious and reflective so that our tradition continues to offer religious significance and spiritual meaning.

We hope you feel home here at Temple Reyim. We are a heimish, traditional, egalitarian, inclusive and spiritual community that engages our minds and nurtures our souls. Reyim is a second home and sacred space where we build friendships through meaningful prayer, inspired learning, and acts of chesed, loving kindness. We try to make a positive impact in the Jewish and broader community by engaging in tikkun olam, social action. You are always welcome to join us anytime, wherever you are in your spiritual journey. I want to especially note our Beit Midrash program featuring rabbis and scholars from around the region and country who come to Reyim monthly to be our teachers for a morning.

May this wonderful day inspire you to a lifetime full of rich and deep Jewish learning. You are always welcome here.

L'shalom,

Rabbi Daniel Berman

1860 Washington St. Newton, MA 02466


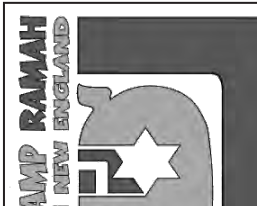
Phone: 617-527-2410 ext. 11 | e-mail: rabbiberman@reyim.org

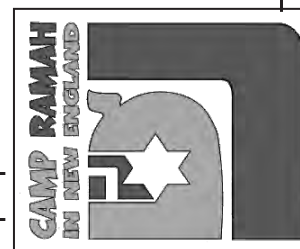
# Camp Limmud 2018!

## Camp Limmud for ages 3-13 (Pre-Registration Required)

Childcare for ages 3-5 by Little Beats; Camp Limmud Ages 6-13 by Camp Ramah in New England

NOTE: Schedule is subject to change. See HELP DESK for updated Camp Limmud schedule

Starting at	Ages 3-5	Ages 6-8	Ages 9-13
8:45	Welcome & Games in Classroom		
9:15	Room 14	Mezzuzah and Hamsa Making!	Hannukah Themed Escape Room
10:30	Snack Time!		
10:45	Hannukah Sing Along!!		
11:15	Camp Limmud is Closed for Lunch 11:15am-12:15pm		
12:15	Room 14	Hannukah Themed Escape Room	Mezzuzah and Hamsa Making!
1:30	Room 14	Reverse Talent Show	Rikud with Emma Neusner!
2:15	Snack Time & Dreidel!		
2:30	Room 14	Rikud with Emma Neusner!	Reverse Talent Show
3:15	Room 14	Choose your own Chug (Elective): Make Roller Coasters! Human Monopoly Iron Chef Hannukah Style!	 
	Room 14		
	Room 14		
	Room 14		
5:00pm	Chanukah Candle Lighting & Sing Along		



## Kesher Connects @LimmudBoston

**LimmudBoston** received a special challenge grant from Limmud North America and the Legacy Heritage Fund, for educators. We, in turn, awarded these funds to the outstanding **Kesher** programs of Newton and Cambridge/Somerville, so that they could provide their faculties, a joint learning opportunity and attendance at LimmudBoston 2018.

The innovative, Jewish after-school programs, **Kesher Newton & Kesher Cambridge**, provide excellent experiential education in Jewish history, culture, ethics and modern Hebrew in a joyful, pluralistic, "camp-like" atmosphere for grades K-8.

### Kesher Sessions:

**Teaching Jewish Peoplehood to Middle School Students**, with Joe Wolke

10:10 AM—11:10 AM Room 112

**Modern Hebrew in a Supplementary Setting**, with Lori Kipnes & Ilana Snapstailer

4:00 PM—5:00 PM 5 Main Street

*Thank you to Limmud North America, the EJE—Experiential Jewish Education Network, and generous anonymous donors for this grant opportunity.*



Experiential Jewish  
Education Network  
Learn Connect Collaborate



Support for our  
"Something for  
Everyone"  
initiative



# LIMMUDBOSTON SESSIONS

## SMILE: You're on LimmudBoston Camera

We are taking photos at this event for promotional use.

If you prefer not to have your image used in LimmudBoston promotional materials, please sign a form at the Help Desk. *Your attendance at this event constitutes your approval for LimmudBoston to use your likeness for promotional purposes.*

## 9:00 AM to 10:00 AM

9:00 AM - 10:00 AM **at Mayyim Hayyim**

### **The Art and Spirit of Mikveh: A Creative Experience**

**Ceceley Chambers**

*Subject Area:* Mind, Body & Soul

Together we will use art to explore mikveh as a spiritual practice to heal, transform, and transition from one state to another. Come with an open and creative mind to find your own understanding of this ancient practice using texts, paint, breath, song, and silence.

**Encore:** [www.sacredjourneycc.com](http://www.sacredjourneycc.com)

9:00 AM - 10:00 AM **5 Main Street**

### **Jewish Contemplation and Meditation**

**Steven Green**

*Subject Area:* Prayer & Liturgy, Mind, Body & Soul

In this experiential program we will learn three meditation exercises with a goal of focusing on deepening a more meaningful prayer experience. Learn tips for a daily davenen and/or meditation practice

9:00 AM - 10:00 AM **6 Main Street**

### **Great Big Love: Why Ahavah Rabbah is the Most Jewish Musical Mode**

**Louis Polisson**

*Subject Area:* Prayer & Liturgy, Arts & Culture

Let's learn a new Ahavah Rabbah in the Freyghish musical mode/scale. Hear an interpretation and explanation of the meaning and power of the mode and the uses of the mode in Jewish liturgy. We will also cover several other tunes that use this musical scale, including original Jewish liturgical compositions and niggunim (wordless melodies).

**Encore:** Jewish Music: Its Historical Development by Abraham Z. Idelsohn; The Torah of Music by Joey Weisenberg; Building Singing Communities: A Practical Guide to Unlocking the Power of Music in Jewish Prayer by Joey Weisenberg

9:00 AM - 10:00 AM **Lobby**

### **Silent Auction**

*Subject Area:* Chanukah Gifts!

Courses! Portraits! Gift Certificates! Bid at the Silent auction! Shop for your friends and family while supporting LimmudBoston. Bid early and often! Please visit our exhibitors who also have wonderful Chanukah offerings!

9:00 AM - 10:00 AM

**Lobby 4**

### **A Very Narrow Bridge: Kabbalah and the Bipolar Experience**

**Benjamin Newman**

*Subject Area:* Mind, Body & Soul

During my struggle with mental illness, mystical practice played a large role in my ascent into madness, recovery, and my process of coming to terms with myself as a healthy, bipolar person. Together we will learn how kabbalistic concepts of balance relate to living with mental illness.

9:00 AM - 10:00 AM

**Room 102**

### **Is There Life After Death (For a Synagogue)?**

**Carol Clingan**

*Subject Area:* Communities, Parenting, etc.

What do we do with sacred objects when synagogues close or merge? The Maavar program from the Synagogue Council of Massachusetts helps synagogues that are struggling or closing with everything from technical assistance to management support. Let's discuss synagogues within the context of ongoing demographic changes in Massachusetts.

**Encore:** Synagogue Council of Massachusetts

9:00 AM - 10:00 AM

**Room 104**

### **Understanding the Jewish Moments in Mainstream Feature Films**

**Barry Schneider**

*Subject Area:* Arts & Culture

Jewish moments may unexpectedly appear in many mainstream films. From The Jazz Singer to Call Me By Your Name, let us discuss the characters' typical ambivalence about their Jewishness, whether healthy or unhealthy, from a psychological perspective.

**Encore:** Go to the movies!

9:00 AM - 10:00 AM

**Room 105**

### **The Uses of Desire: What, In Theological Terms, Are We to Make of Sexual Desire?**

**Naftali Brawer**

*Subject Area:* Torah & Philosophy, Mind, Body & Soul

We will bring two very different voices into conversation with each other: the Hasidic masters of the late eighteenth century and the contemporary American poet and novelist Jamie Quatro. While separated by 200 years and distinct theological perspectives (Jewish and Christian), these two voices share a remarkable assertion in common, that even illicit desire is rooted in Divine love.



9:00 AM - 10:00 AM

Room 106

### **Adoption and the Jewish Community**

**Debra Olshever; Sandra Orenstein; Jennifer Sartori;  
Toby Zaitchik; Jayne Guberman**

*Subject Area:* Communities, Parenting, etc., Social Justice

Adoption Associates and the Adoption & Jewish Identity Project will foster dialogue about the experience of adoption and its impact on the lives of parents and children. Adoptees sometimes struggle to answer questions about their own Jewish identities and how they fit into their Jewish communities as they explore their relationships with their birth cultures and families.

**Encore:** [www.AdoptionAssociates.org](http://www.AdoptionAssociates.org)

9:00 AM - 10:00 AM

Room 109

### **Jewish Food, The History of The Famous Triumvirate: Bagels, Cream Cheese and Lox**

**Joni Schockett**

*Subject Area:* Arts & Culture, History & Politics

Food migration and climate influence the foods we eat. The history of these three foods is enlightening, humorous, and not all Jewish in origin. It begins with a close relationship between Muslim and Jewish women in the Iberian Peninsula. We will discuss these products while tasting variations of bagels, cream cheese and lox.

9:00 AM - 10:00 AM

Room 110

### **A Summer at Seeds of Peace: Engaging Conflict, Finding One Another**

**Elie Berman**

*Subject Area:* History & Politics, Social Justice

The Seeds of Peace program, provides Jewish and Arab teens the opportunity to spend a summer together. I was with teens from the West Bank, Gaza, Egypt, Jordan, India, and Pakistan. Participating in this Middle East dialogue group was transformative, and offered us the chance to engage deeply, sometimes painfully. We found the humanity in one another.

9:00 AM - 10:00 AM

Room 112

### **Whose Hanukkah? The Maccabees, the Rabbis, the Halutzim, the Americans?**

**Allan Lehmann**

*Subject Area:* History & Politics, Torah & Philosophy

Over the centuries, Hanukkah has gone through several transformations, with different meanings throughout the centuries. We'll read excerpts of classic sources that tell the story in a variety of ways to see how the Festival of Lights came to its present meaning.

**Encore:** [www.hebrewcollege.edu](http://www.hebrewcollege.edu)

**No matter where you are on the  
spectrum of Jewish living,  
there is more to learn  
and more to do at  
LimmudBoston!**

9:00 AM - 10:00 AM

Room 113

### **Na L'Haveer Mayim - Just Add Water - Swimming and Skiing as Jewish Passions**

**Mark Rosenberg**

*Subject Area:* Mind, Body & Soul

We will take a lighthearted text-based look at family recreation and personal physicality as Jewish values. From Max Nordau to Mark Spitz, we will consider the impact of "muscle Judaism" and learn about some of the Jewish stars on the snow today such as snowboard sensations, Arielle and Taylor Gold. Participants will be encouraged to contribute their own perspectives on the role of sports in their Jewish journey.

**10:10 AM to 11:10 AM**

10:10 AM - 11:10 AM

at Mayyim Hayyim

### **Holiness Isn't Either/Or, It Is Both/And!**

**Natan Margalit**

*Subject Area:* Mind, Body & Soul, Social Justice

When it comes to religion and identity, we are often trapped in either/or dilemmas. But the natural world doesn't work this way and neither does Jewish spirituality. Find out how Jewish spirituality works to create sanctuaries for ourselves, both inside and out. Discover paths for spiritual and practical applications.

**Encore:** [www.organictrah.org](http://www.organictrah.org)

*Meet in Lobby to walk together to this session at  
Mayyim Hayyim.*

10:10 AM - 11:10 AM

5 Main Street

### **Concert: The World of Salamone Rossi Hebreo, Musician of Mantua**

**Betty Bauman; Anne Levy; Deborah Melkin; Kyler Taustin;  
Phyllis Werlin; Steve Ebstein**

*Subject Area:* Arts & Culture

Enjoy a live performance of Salamone Rossi's secular and sacred works, by "Il Concerto di Salamone Rossi Hebreo," an ensemble devoted to bringing Rossi's music back to the synagogue. Rossi, a prolific Italian composer from the 16th century, was the first to set the Jewish liturgy to choral music. Hear an overview of Rossi's life and musical achievements, set within the context of the Jewish experience in early 17th century Italy.

**Moderators:** Louise Treitman; Richard Lustig

10:10 AM - 11:10 AM

6 Main Street

### **Building Community Through Music**

**Carol Marton**

*Subject Area:* Arts & Culture, History & Politics

We will listen, learn, and make music using our voices. We will consider the use and power of music throughout history to the present day, in times of unity and times of dissolution. A willingness to sing is preferred, but no musical experience necessary!

**Encore:** [Koleinu.org](http://Koleinu.org) and [Hebrewcollege.edu](http://Hebrewcollege.edu)

10:10 AM - 11:10 AM

**Lobby**

### **Silent Auction**

*Subject Area:* Shopping!

Clothing! Weekends away! Elegant Havdalah candles! Bid early and often! Please visit our exhibitors who also have wonderful Chanukah offerings!

10:10 AM - 11:10 AM

**Lobby 1**

### **Older Than Forever: The Deathless Serach bat Asher**

**Neal Gold**

*Subject Area:* Torah & Philosophy

In Jewish legend, Serach bat Asher, only briefly mentioned in the genealogical lists of the Torah, lives on for ages, saving the Jewish people from oblivion. We will explore these legends about a Jewish heroine from the Talmud and classic Midrashic sources. Through this lens, we'll discover that Serach has much to teach us about survival, aging, and the rabbinic imagination.

**Encore:** [www.nealgold.net](http://www.nealgold.net)

10:10 AM - 11:10 AM

**Lobby 4**

### **Gems of Jewish Poetry**

**Mark Elber**

*Subject Area:* Arts & Culture

Jewish poetry can transform us to a higher spiritual plane. Hear and discuss poems by Allen Ginsberg, Yehuda Amichai, Ya'akov Glatshiteyn, Gerald Stern, C.K. Williams, and Maya Bejerano that elevate the mundane and articulate the Jewish experience with language that virtually sings.

10:10 AM - 11:10 AM

**Room 101**

### **Satchmo's Second Family: The Karnofskys Did a Jewish Act of Kindness Change the Music of America?**

**Peter Gerler**

*Subject Area:* Arts & Culture, History & Politics

Although Louis Armstrong was born dirt-poor, his artistry and pulsating swing rhythm forever changed American music. He may never have made it without a family of Lithuanian refugees named Karnofsky. As Louis wrote, "The Jewish family...instilled in me singing from the heart."

**Encore:** [www.jazztalks.com](http://www.jazztalks.com)

10:10 AM - 11:10 AM

**Room 102**

### **Savoring the Sephardic Diaspora: Understanding Jewish Cultural Heritage through Flavors and Stories**

**Sara Gardner**

*Subject Area:* Arts & Culture, History & Politics

Sephardic Jewish cuisine came from ancient Spain into the diaspora. After their expulsion in 1492, Sephardim carried a new repertoire of dishes to their homes in the diaspora. Sephardic cuisine helped with the preservation and adaptation of Sephardic cultural identity. Let's talk about how Jewish food, across cultural and geographic subgroups, tells the story of Jewish identity.

**Encore:** [www.bokadulse.com](http://www.bokadulse.com); The Rosh Hashanah Seder Cookbook: Recipes and Stories from the Reform Jewish Community of Madrid.

10:10 AM - 11:10 AM

**Room 104**

### **First Impressions and Social Perception: Autism in our Congregations and Classrooms**

**Ruth Grossman**

*Subject Area:* Other

How do we perceive and interpret social signals? How do we sensitively perceive others? How do we create more welcoming congregations and classrooms? Where do we draw the line between asking some of us to change how we present ourselves vs educating the majority on how better to understand those who are different?

10:10 AM - 11:10 AM

**Room 105**

### **Jewish Influence on Superheroes**

**Michael A. Burstein**

*Subject Area:* Arts & Culture

A discussion of the Jewish influences on comic superheroes, including Superman, Spider-Man, and The Thing.

10:10 AM - 11:10 AM

**Room 106**

### **Between Hubris and Humility (And the Space In-Between)**

**Sara Hurwitz**

*Subject Area:* Torah & Philosophy

In a polarized world, the ability to engage in civil discourse is becoming more and more difficult. You say red, I say blue; you say up, I say down. What can one Talmudic figure, Rabbi El'azar, teach how about our attitude to the good, the bad and the ugly and how to engage in our pursuit to make the world a better place?

10:10 AM - 11:10 AM

**Room 109**

### **Building Israeli-Palestinian Peace from Boston**

**Miriam May; Cindy Wayne; Maya Norton; Kim Kronenberg; Etai Freedman**

*Subject Area:* Social Justice

Boston Partners for Peace is a new initiative to promote efforts that advance peace between Israelis & Palestinians by working toward a shared future of mutual recognition and prosperity. We will discuss our approaches to peace-building and how the community can get involved. Moderated by Eli Cohn-Postell of JCRC Boston.

**Moderator:** Eli Cohn-Postell

**Encore:** [www.arava.org](http://www.arava.org); [www.kids4peaceboston.org](http://www.kids4peaceboston.org); [www.handinhandk12.org](http://www.handinhandk12.org); [meet.mit.edu](http://meet.mit.edu); [www.step-gtp.org](http://www.step-gtp.org)

10:10 AM - 11:10 AM

**Room 110**

### **If You Build It - A Transformative Model in Urban Millennial Judaism**

**Stefanie Groner**

*Subject Area:* Communities, Social Justice, Parenting, etc.

A few 20-somethings changed the landscape for 20-something Judaism around the world! In an interactive session, we'll see what community means, hear from Moishe House participants, and discuss how to use the same passion for innovating and exploring Judaism with an open door in other communities. Moishe Houses, led entirely by laypeople, are a new wave of a pluralistic Judaism, transforming access points for post-college Judaism.

## Kesher Connects @ LimmudBoston

10:10 AM - 11:10 AM

Room 112

### From Sinai to Boston: What a Long Strange Trip We're On: Teaching Jewish Peoplehood to Middle School Students

Joe Wolke

Discover new way to teach Jewish peoplehood when you experience the magic of the Kesher classroom, where Jewish history is taught with respect for the natural questions any middle school student carries when trying to make sense of their Jewish lives here, in the Boston area. See how we layer the Boston Jewish experience on top of Biblical history, and the evolution of Jewish practices. This session is brought to LimmudBoston by a grant from Limmud North America and the EJE Network.

**Encore:** [www.keshernewton.org](http://www.keshernewton.org)

*This session is brought to LimmudBoston by a grant from Limmud North America and the EJE Network. See Page 9.*

10:10 AM - 11:10 AM

Room 113

### Derech Eretz: Care for the Earth by Minimizing Your Carbon Foot Print

Ellie Goldberg; Michael Gevelber

*Subject Area:* Science & Innovation

How do you determine your own carbon footprint? What do you want to do about it? Derech Eretz guides us in ethical and responsible ways of living. We will discuss real options for applying your Jewish values in the modern world through realistic energy efficiency, green or solar electricity, and appropriate car choices.

**Encore:** I Remember the Future by Michael Burstein

11:10 AM to 1:30 PM

11:10 AM - 1:30 PM

1 Main Street

### LUNCHTIME! And So Much More

Lunchtime! For those who purchased in advance, your lunch can be found at 1 Main Street. A limited number of additional lunch tickets are available at the Registration Desk. You may take your lunch to the scheduled panels, sessions and concerts. Please do not bring any other food into this kosher building! Visit our Exhibitors! Bid in the Silent Auction!

11:20 AM to 12:20 PM

11:20 AM - 12:20 PM

Lobby

### Silent Auction

*Subject Area:* Chanukah Gifts!

Artwork and gift baskets! Bid at the Silent Auction! Shop for your friends, your family, yourself. Bid early! Re-bid! Visit the LimmudBoston exhibitors in the lunch room. Gorgeous offerings!

11:20 AM - 12:20 PM

Room 102

### How Can Jewish History Inform Our Response to Climate Change?

Katy Allen; Fred Davis

*Subject Area:* Social Justice, History & Politics

Jewish history is replete with disasters, from ancient days to modern times. Through texts we will pull out messages from history that are pertinent to our lives today. We'll envision a look-back from the near future and ask: all the evidence about climate disaster was there in 2018, so what did the Jews do? Both pessimists and optimists are welcome!

**Encore:** JCAN, the Jewish Climate Action Network

11:20 AM - 12:20 PM

Room 104

### What's Jewish About Veg?

Sara Eifler

*Subject Area:* Social Justice, Mind, Body & Soul; Torah & Philosophy

Let's explore the connections between the Torah, Jewish ethics, and great Jewish philosophers concerning the treatment of and care for animals and our planet. We'll discuss the first-ever vegans (hint: check Genesis), why humans were granted permission to eat meat, what a plant-based future looks like according to both science and our prophets, and plenty more.

11:20 AM - 12:20 PM

Room 109

### America, American Jews and the Land of Israel -- from Colonial Days to Our Days

Jonathan Sarna

*Subject Area:* History & Politics

Jonathan Sarna, a leading commentator on American Jewish history, religion and life, will place contemporary developments into context, providing an historical overview of the relationship between America and the Land of Israel, and American Jews and the Land of Israel.

**Encore:** American Judaism: A History, When General Grant Expelled the Jews; Lincoln and the Jews

12:15 PM to 12:30 PM

12:15 PM - 12:30 PM

Lobby 1

### Egalitarian Mincha Pickup Service

Please come to the Chapel (Lobby 1) at 12:15PM to make an egalitarian mincha service. Everyone is welcome. Siddurim provided.

12:15 PM - 12:30 PM

Lobby 4

### Orthodox Mincha Pickup Service

Come promptly to daven mincha in kehilla (community). All welcome. Ten men needed to make the minyan. Books provided. Sign the sign-up sheet outside the door to commit to making minyan, or just show up.

## 12:30 PM to 1:30 PM

12:30 PM - 1:30 PM

Lobby

### Silent Auction

*Subject Area:* Presents!

An ice cream party! Acupuncture! Lots of goodies in the Silent Auction! Find the Exhibit Hall for more exquisite gifts and essential information!

12:30 PM - 1:30 PM

Lobby

### Mayyim Hayyim Living Waters Mikveh Tour

**Tour Guide Mayyim Hayyim**

*Subject Area:* Mind, Body & Soul

Mayyim Hayyim Living Waters Mikveh is right next door! Come for a guided tour of our gem of a community mikveh; see the beautiful space and learn how it is being used by more than 4,000 people each year. Your Mikveh Guide will meet you in the Main Lobby of Temple Reyim. The group will walk over together.

**Encore:** [www.mayyimhayyim.org](http://www.mayyimhayyim.org)

12:30 PM - 1:30 PM

Room 102

### Healthy Habits for Busy People

**Mitzi Weinman Perlmutter**

*Subject Area:* Mind, Body & Soul

In our Jewish tradition we are commanded to protect our physical health and soul. In Healthy Habits for Busy People, we will focus on ways to honor that mitzvah in a program that offers strategies in the areas of motion, eating habits, and stress, including tips to fuse healthy living into our busy lives.

12:30 PM - 1:30 PM

Room 109

### Standing With Israel: What Does That Mean For Us in This Political Era?

**Eliana Jacobowitz; Kenneth Bob; Andrew Pessin; Talia Stein**

*Subject Area:* History & Politics

Standing alongside Israel has long been a core commitment of the American Jewish community. What does it mean to stand with Israel in 2018? Have recent political and governmental decisions changed the relationship? How do we navigate these questions with integrity with regard to identity, relationships, and politics?

**Moderator** Daniel Berman

**Encore:** [www.andrewpessin.com](http://www.andrewpessin.com), [www.ameinu.net](http://www.ameinu.net), [www.truah.org](http://www.truah.org)

12:30 PM - 1:30 PM

Room 112

### Light in the Darkness: An Embodied Approach to Hanukkah

**Josh Schreiber Shalem**

*Subject Area:* Mind, Body & Soul

Using the unique process of Feldenkrais Awareness Through Movement, we'll explore our own experience of light as it comes into our eyes, and relate it to Jewish texts and concepts about light and vision, both literal and metaphorical. Anyone with a body is welcome -- no experience necessary.

**Encore:** <http://discover-yourself.com>

## 1:40 PM to 2:40 PM

1:40 PM - 2:40 PM

6 Main Street

### Keep Stories Live and Local! A Jewish Story Concert

**Bruce Marcus; Mark Binder; Rona Leventhal**

*Subject Area:* Arts & Culture, Mind, Body & Soul

The Jewish Storytelling Coalition invites you to a curated Story Concert with local performers and an emcee sharing stories in a variety of styles. For adults and teens.

**Moderator** Andrea Kamens

**Encore:** [www.jewishstorytelling.org/directory-of-storytellers](http://www.jewishstorytelling.org/directory-of-storytellers)

1:40 PM - 2:40 PM

Lobby

### Silent Auction

*Subject Area:* Shopping!

Shabbos dinners, theater tickets (Dr. Ruth!), time management, travel, and more...at the Silent Auction. Bidding ends at 4pm

1:40 PM - 2:40 PM

Lobby 1

### You Won't Hear This in Shul: An Eclectic Overview of Contemporary Jewish Music

**Joey Baron**

*Subject Area:* Arts & Culture

This is your chance to hear music from some emerging musicians across the globe who find inspiration in their Jewishness. These works are originally made for rock clubs, cabarets or concert halls, not synagogues.

**Encore:** Jewish Arts Collaborative; Sunday Morning Chagigah WERS

1:40 PM - 2:40 PM

Lobby 4

### Most of All, I Want My Child to be a Good Person Benjamin Gorelick

We hope our children develop a robust moral and ethical framework through the lens of Judaism. However, rare is the religious school curriculum that explicitly articulates the specific moral and ethical qualities we hope students will attain, or shows what that progression looks like, and lays out how to objectively assess growth. Let's create that curriculum.

1:40 PM - 2:40 PM

Room 101

### Comfort: "Nechama" Is that all?

**Aliza Arzt**

*Subject Area:* Torah & Philosophy

The most common Hebrew word for "comfort" is "Nechama". This word, however, has some very different meanings as well in the Bible. By looking at some biblical verses (all texts provided in Hebrew and English) we'll find out what else this word means, how that relates to "comfort" and what other surprising word, known to all of us, it goes along with.

Join Us!

Become a Friend of LimmudBoston at  
[www.LimmudBoston.org](http://www.LimmudBoston.org)



## Lunchtime! 11:10 AM-1:30 PM

**Lunch:** If you pre-ordered lunch, **your ticket is with your nametag.** Some additional meal tickets are available for purchase at the Registration Desk in the main lobby.

*Respect the Temple Reyim kosher policy: Do not bring food into this building!*

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### Exhibitors & Authors in 1 Main Street

Chanukah Shopping Galore!

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### Silent Auction in the Lobby

Shabbos dinner! Weekends away! Healthy living! Gift Baskets! Chocolate! Restaurants!

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**Bring Your Lunch! Enjoy These Sessions!**

## 11:20 AM – 12:20 PM

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Kenneth Bob, Andrew Pessin, Eliana Jacobowitz, Talia Stein, Daniel Berman, Moderator

### Healthy Habits for Busy People—6 Main Street

In Healthy Habits for Busy People, Mitzi Weinman Perlmutter will focus on ways to honor ourselves in a program that offers strategies and tips for fusing healthy living into our busy lives.

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Anyone with a body is welcome -- no experience necessary Josh Schreiber Shalem

### Mayyim Hayyim Living Waters Mikveh Tour — (Meet in Temple Reyim Lobby)

Come for a guided tour of our gem of a community Mikveh.

Your Mikveh Guide will meet you in the Main Lobby of Temple Reyim. The group will walk over together.

## Silent Auction Closes at 4:00PM Bid Early! Bid Often!



Please remember that LimmudBoston is a volunteer-run conference.  
Kindly clean up after eating, so that others may enjoy the space after you.



1:40 PM - 2:40 PM

**Room 102**

## **Finding Happiness: Resilience in the Face of Challenges**

**Daniel Jackson**

*Subject Area:* Mind, Body & Soul, Arts & Culture; Communities; Torah & Philosophy

Almost everyone has experienced depression and anxiety, knows someone who has. In the wake of a terrible spate of suicides at MIT, I published a gallery of images and stories of people who had suffered and yet found resilience in the face of seemingly insurmountable troubles. Discover highlights from these remarkable people whose stories can be connected to classic strategies of resilience as expressed in Jewish texts.

**Encore:** [www.portraitssofarresilience.com](http://www.portraitssofarresilience.com)

1:40 PM - 2:40 PM

**Room 104**

## **Weaving the Messianic Light: Modern Midrash on the Book of Ruth**

**Rachel Adelman**

*Subject Area:* Torah & Philosophy

Through the lens of modern midrash, we will explore the seduction scenes in the Bible that lead up to the Messianic lineage--the Daughters of Lot, Tamar and Judah, and Ruth and Boaz in the granary. Drawing from Dirshuni, as well as her own poetry, Rachel Adelman will take you on a journey through the worlds of Biblical interpretation and imaginative feminist re-readings.

**Encore:** The Return of the Repressed: Pirke deRabbi Eliezer and the Pseudepigrapha, and The Female Ruse: Women's Deception and Divine Sanction in the Hebrew Bible

1:40 PM - 2:40 PM

**5 Main Street**

## **Don't Say "Non-Jew": How to Embrace Interfaith Families**

**Stacie Garnett-Cook**

*Subject Area:* Social Justice, Communities

Studies show that 71% of progressive Jews marry someone of a different faith. Learn from [InterfaithFamily.org](http://InterfaithFamily.org) how to make sure that interfaith family members feel welcome in our organizations and congregations.

**Encore:** [www.interfaithfamily.com](http://www.interfaithfamily.com)

1:40 PM - 2:40 PM

**Room 106**

## **James Baldwin as Mirror: Jewish American Whiteness Then And Now**

**Alona Weimer**

*Subject Area:* Social Justice, History & Politics

We will engage with the words of African American writer, James Baldwin, to see how they reflect relations between Blacks and Jews, then and now. Are these works relevant to our lives as Jews today? Does Baldwin give us tools to engage in further conversations about race and Jewishness?

**Encore:** James Baldwin

1:40 PM - 2:40 PM

**Room 109**

## **Kippah Decoration**

**Iris Lavine**

*Subject Area:* Arts & Culture

This will be a hands on session for decorating kippot using fabric paints or ribbons or beads or whatever takes your fancy. Kippot will be supplied, and may require additional work at home. Embellishment supplies will be provided. If you have one, bring a thimble. A perfect session for families.

1:40 PM - 2:40 PM

**Room 110**

## **The Status of Women According to the Two Stories of Creation in Genesis and the Koran**

**Iris Yaniv**

*Subject Area:* Torah & Philosophy, Communities

Let us compare the creation of woman in Genesis chapters 1 and 2, and discuss their impact on culture today. We will also look at these descriptions in the Koran for similarities and differences. If we have enough Hebrew speakers this session will be mostly in Hebrew.

**Encore:** [www.yahelhaifa.co.il](http://www.yahelhaifa.co.il)

1:40 PM - 2:40 PM

**Room 112**

## **Peace, Love and Chaos: 1968, Fifty Years Later**

**Jonathan Wolf**

*Subject Area:* History & Politics

Right On, brothers & sisters! 1968 was The Year That Changed America. What was its lasting effect for the US and for Jews? Did Jewish tradition endorse the societal changes, or oppose them?

1:40 PM - 2:40 PM

**Room 113**

## **Shabbos Candles, Hidden Light**

**Lev Friedman**

*Subject Area:* Torah & Philosophy

Shabbat is central to sustaining the world. What is our role in this process? We will use music, reflections and open discussion to immerse ourselves in the words of the Netivot Shalom, the Slonimer rebbe, as well as our ancient texts to see how they might guide us into a more meaningful Shabbat practice.

**2:50 PM to 3:50 PM**

2:50 PM - 3:50 PM

**5 Main Street**

## **Embracing Conflict: Tools for a Healthier Synagogue (or Relationship, or Job)**

**Mitch Gordon**

*Subject Area:* Communities, Parenting, etc., Mind, Body & Soul

Using tools and lessons learned from teaching at the Harvard Program on Negotiation and Conflict Management Group, this session will look at the difference between Impact and Intent and how using better methods of communication and listening we can achieve understanding.

**Everything Jewish! Everyone Together!**  
**That's LimmudBoston!**

2:50 PM - 3:50 PM

6 Main Street

## **Yiddish Music for the Home**

**Zoe Lang**

*Subject Area:* Arts & Culture

Come hear selections from the 1912 the Society of Jewish Folk Music works, "Lider-zamelbukh far der Yidisher shul un familie," featuring liturgical settings, arrangements of art music, and folk songs from the Pale of Settlement. Come hear an overview and performance of this anthology.

2:50 PM - 3:50 PM

Lobby

## **Silent Auction**

Last chance shopping!

Books, classes, chocolate--what more could anyone want? Find them at the Silent Auction and exhibitor tables. Bidding ends at 4pm

2:50 PM - 3:50 PM

Lobby 1

## **This is Israel Today...A Personal Video Journey Experiencing the Culture Israel**

**Mona Henoch; Malky Wandel**

*Subject Area:* Arts & Culture, Communities

Using the power of video and social media, we will show the world what it's like to really live in Israel, through the eyes of a lover of culture, food, and adventure! See what Israel is really like compared to the Israel you see in mainstream media. Yalla! Let's go!

**Encore:** Please visit our Facebook page [ThisisIsraelToday](https://www.facebook.com/ThisisIsraelToday) or our Instagram account, [thisisrael.today](https://www.instagram.com/thisisrael.today) to get updates on the authentic Israel every day!

2:50 PM - 3:50 PM

Lobby 4

## **A Torah Group Will Change Your Life**

**Joel Segel; Mel Brown**

*Subject Area:* Torah & Philosophy, Communities

Twenty years ago Mel had an idea: Ten guys, every second Wednesday, study one verse of Torah for an hour. See how far we get. The group connected us in ever-growing ways, transforming our relationship to Torah and each other. Learn this no-prep recipe for running such a group with two founding members.

**LimmudBoston** honors  
the core values of  
Limmud conferences everywhere.

We celebrate learning, diversity,  
community involvement.

We honor tradition and explore our  
Jewish horizons.

We value all members of the community.

We foster connections and we  
encourage participation.

2:50 PM - 3:50 PM

Room 101

## **Creating Your Own Haggadah**

**Barry Bergman**

*Subject Area:* Prayer & Liturgy, Communities

December may seem too early to talk about Passover. However, it is the perfect time to start working on your own haggadah that will have meaning for those attending your seder. This session is an opportunity to share ideas on developing a creative haggadah to use at your seder.

2:50 PM - 3:50 PM

Room 102

## **American Jewish Philanthropy: Engaging the Data**

**Hannah Shaul bar Nissim**

*Subject Area:* Communities

In recent decades, studies on charitable giving by communities with a shared faith and ethnicity have flourished. We will discuss the scientific study of the philanthropic activities of ethno-religious communities by drawing from a research American Jewish philanthropy and the shifts in its structure and grant making activities.

2:50 PM - 3:50 PM

Room 104

## **Moses Baskets: Saving Children on the Lusitania**

**Len Abram**

*Subject Area:* History & Politics

In 1915 when the Lusitania sunk by disaster, it took the lives of 1201, many of them children, and helped bring America into World War I. Two prominent men lashed together "Moses baskets" to help children survive. Hear the stories of these heroes, and compare them to the Biblical Moses.

**Encore:** Debris, A Novel of Love, War and the Lusitania

2:50 PM - 3:50 PM

Room 105

## **Genesis ~ An Artistic View**

**Suri Krieger**

*Subject Area:* Torah & Philosophy

What makes Torah one of the most widely studied books in human history? While there is copious literary commentary on the text, artists and composers have also been inspired to respond to the challenge in their own unique expressive way, and often the vision, the lyrics, the harmonies created, inspire us with unique insights. This workshop will explore Creation and the Garden of Eden through the visual, musical, film and dance midrash applied by various artists.

**Encore:** [www.cindymarshall.com/blog](http://www.cindymarshall.com/blog)

2:50 PM - 3:50 PM

Room 106

## **S.Y. Agnon: An Introduction to Israel's Nobel Laureate in Literature**

**Michael Bohnen; David Link**

*Subject Area:* Arts & Culture, Arts & Culture

An Introduction to Israel's Nobel Laureate in Literature, S.Y. Agnon. We will review Agnon's background. We will then read his very short "The Fable of the Goat" in English translation, examining it as both a children's story and a story for adults.

**Encore:** S.Y. Agnon literature

2:50 PM - 3:50 PM

Room 109

## **Our Common Ancestors: Sacred Shared Stories in Judaism and Islam**

**Marcia Plumb; Carl Sharif El-Tobgui**

*Subject Area:* Torah & Philosophy, Social Justice

Islam and Judaism have many similarities, including some of our sacred stories. An Islamic scholar and a rabbi will compare some of our most famous shared stories, including Hagar and Ishmael, and Moses. Study Torah and Koran as we learn from each other.

2:50 PM - 3:50 PM

Room 110

## **The Tragic Irony of Halakhic Development: How the Agunah Crisis Was Born From the Best of Intentions**

**Mark Glass**

*Subject Area:* Torah & Philosophy

The modern-day agunah crisis is one of Orthodoxy's great tragedies. What happened? Laws were developed to grant women greater freedoms in divorce. This session will trace divorce law through halakhic history, and how, despite solving many issues of the past, it created many more problems for our present.

2:50 PM - 3:50 PM

Room 112

## **The Kedushah: The Meaning Behind the Prayer**

**David Lerner**

*Subject Area:* Prayer & Liturgy, Mind, Body & Soul

Do you know the message hidden in the Kedushah, the "holiest" part of the prayer service? Join in this text-study to explore the contexts of the biblical passages that were assembled to constitute this prayer. As we do so, we will open up a deeper layer of meaning behind this text.

**Encore:** Temple Emunah

2:50 PM - 3:50 PM

Room 113

## **Stories Connect Communities**

**Cindy Rivka Marshall**

*Subject Area:* Arts & Culture, Communities

Stories are a powerful tool for congregations to build connections, teach values and continue Jewish tradition, for adults as well as children. Join us to experience and learn tips about how to craft a personal oral story linked to a Jewish theme. Find ways to create a story slam event for your community.

## **That Person!**

***You don't want to be "that person!"***

- **Arrive on time so that sessions may start on time.**
- **Depart so that the next session may meet in that space.**
- **Leave each room neater than you found it!**
- **If you need to leave mid-session, do so quietly!**
- **Turn off your cellphone!!**

**4:00 PM to 5:00 PM**

4:00 PM - 5:00 PM

at Mayyim Hayyim

## **Mindfulness and Mikveh**

**Leann Shamash**

*Mind, Body & Soul*

Noise and hurriedness are part of our daily lives. We will explore the mindfulness of Mikveh, and how the use of the Mikvah can grant us time and the space for solitude, gratitude and true mindfulness? We'll explore how a weekly, monthly or occasional visit to the Mikvah can provide us with time to reflect and contemplate in an atmosphere that supports peace and tranquility.

**Encore:** Mayyim Hayyim Living Waters Mikveh  
[www.mayyimhayyim.org](http://www.mayyimhayyim.org)

*Meet in Lobby to walk together to this session at Mayyim Hayyim.*

## **Kesher Connects @ LimmudBoston**

4:00 PM - 5:00 PM

5 Main Street

## **Modern Hebrew in a Supplementary Setting**

**Lori Kipnes; Ilana Snapstailer**

Kesher Newton is transforming their Hebrew program and seeing the results. Gain an understanding of the proficiency approach to language acquisition and how it can be applied in a Hebrew school setting. This session is sponsored by Limmud North America & the EJE Network for Jewish educators.

**Encore:** [www.keshernewton.org](http://www.keshernewton.org)

*This session is brought to LimmudBoston by a grant from Limmud North America and the EJE Network. See Page 9.*

4:00 PM - 5:00 PM

6 Main Street

## **The Living Psalms: How to Infuse the Poetry of the Torah into our Daily Lives**

**Misha Clebaner; Jake Harris**

*Subject Area:* Prayer & Liturgy, Mind, Body & Soul

The Psalms contain the emotional highs and lows of human life. Let's examine some of the more well-known psalms to see what themes apply to our lives, and listen to contemporary artistic renditions us to the court of King David.

4:00 PM - 5:00 PM

Lobby 4

## **Childhood Depression and Synagogue Awareness**

**Sandy Slavet; Irene Buchine**

*Subject Area:* Mind, Body & Soul, Communities

Then Adonai said to Moses, "Hold out your arm toward the sky that there may be darkness upon the land of Egypt." Depression can be a darkness so deep that connecting to others feels impossible. We will read from "Celia and the Little Boy," a beautiful and powerful book that offers a view of darkness, light and hope in childhood depression. We will explore ways to make our synagogues more aware and sensitive to the struggles of individuals who have lived with this.

**Encore:** Cecile and the Little Boy, by Irene Buchine



4:00 PM - 5:00 PM

Room 104

### **So You May Live Long: Caring for Our Aging Parents, Caring for Ourselves**

**Malka Young**

*Subject Area:* Communities, Parenting, etc., Mind, Body & Soul

What does Jewish tradition teach us about our obligations to our aging parents? How is this connected to our own aging? This workshop will explore Jewish texts and stories and compare it to our own lived experience, offering both a practical and spiritual understanding of the challenges facing our parents as they age. How does this inform our own growing older in the community?

**Encore:** Being Mortal by Atul Gawande; Jewish Visions for Aging by Rabbi Dayle Friedman

4:00 PM - 5:00 PM

Room 105

### **Grandparenting Then and Now: What's the Same? What's Different?**

**Bernice Lerner**

*Subject Area:* Mind, Body & Soul

In this interactive session, we will discuss the challenges and opportunities of grandparenting. Exploring Jewish and secular sources of wisdom, to find a deeper understanding of the virtues of those who aspire to be the best grandparents they can be in today's frenzied world.

**Encore:** [www.hebrewcollege.edu/parenting](http://www.hebrewcollege.edu/parenting)

4:00 PM - 5:00 PM

Room 106

### **Evolution of Halacha: A Case Study in Disability**

**Claudia Marbach**

*Subject Area:* Torah & Philosophy

The Torah tells us that a Kohen with a disability is disqualified from serving in the Temple. The mishna tells us that a deaf person cannot give testimony. However, today we strive to include all individuals in our services and communities. How has this evolution happened? This session will appeal to those interested in the development of Halacha and Judaism's changing perspectives on disability.

**Encore:** One Night Shtender and Yedid Nefesh, Newton

4:00 PM - 5:00 PM

Room 109

### **Spirituality of Beekeeping**

**Suzanne Offit**

*Subject Area:* Mind, Body & Soul, Torah & Philosophy

Beekeeping involves so many loves - love of Torah, love of earth, love of gardening, love of beings and the tending of all those things. As a rabbi, I consider myself an embodied theologian and beekeeping is just another manifestation of that. We will talk about knowing before whom you stand, the interconnected world, love, and how to love bees and other stinging pollinators!

4:00 PM - 5:00 PM

Room 110

### **Consent Is A Jewish Value**

**Merissa Nathan Gerson**

*Subject Area:* Mind, Body & Soul, Social Justice

Why didn't we learn about sexual consent - the vital importance of a clear "yes" - in Hebrew School? Looking at Talmudic law around sex and the body, and specifically laws around sexual consent, this session explores the Jewish history of sex education in a gender, sex and LGBTQ-inclusive way.

**Encore:** [www.KenMeansYes.org](http://www.KenMeansYes.org); 2018 ELI Talk, Law of the Land: Boundaries, Atonement and Consent

4:00 PM - 5:00 PM

Room 112

### **Earth Etudes for Elul: Spiritual Reflections for the Season, Author Readings**

**Thea Iberall; Katy Allen; Jeff Foust; Susie Davidson; Judith Kummer**

*Subject Area:* Torah & Philosophy, Arts & Culture

Contributors to the new, exciting anthology, "Earth Etudes for Elul," will share their writings about turning and returning to G'd, and to our best selves, and connecting to this planet Earth. Come hear rabbis, environmentalists, gardeners, and spiritual leaders who will share and discuss way to apply these themes to Kislev and throughout the year.

**Encore:** Earth Etudes: Spiritual Reflections for the Season

4:00 PM - 5:00 PM

Room 113

### **Radical Hospitality and the Jewish Responses to the Refugee Crisis**

**Eliana Jacobowitz**

*Subject Area:* Social Justice, Torah & Philosophy

In this session we will explore the Jewish principal of hachnasat orchim - hospitality, and discuss how it guides our response to current political issues around immigration and the refugee crisis. This session will include both a text study and discussion. No prior knowledge necessary.

**Encore:** [www.tbbsomerville.weebly.com](http://www.tbbsomerville.weebly.com)

**5:00 PM to 5:30 PM**

5:00 PM - 5:30 PM

Lobby

### **Chanukah Candle Lighting & Sing Along**

*Subject Area:* Other

Once sundown comes, Chanukah begins. Moishe House friends will lead us in candle lighting before a raucous sing-along and musical send off. At the five Boston area Moishe Houses, young adults come together to create vibrant Jewish communities.

**You cannot hear with your mouth open...  
Let others speak, so that you may politely respond!**

**5:00 PM to 5:30 PM**

**LimmudBoston 2018**

## **Chanukah Candle-Lighting & Musical Grand Finale**

**Location: IN THE LOBBY**

*featuring:*

**Moishe House and LimmudBoston Musicians**

Happy Chanukah! Everyone is invited to join together for a community candle-lighting ceremony led by members of Moishe House, with music by Arnie Davidson, Mitch Gordon, Shelly Aronson, and friends.



*Moishe House provides space for young adults around the world to create meaningful, welcoming Jewish communities for themselves and their peers.*

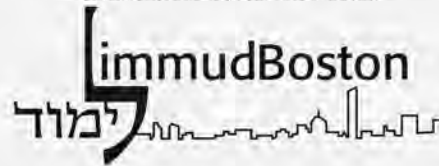
**It's a Party! It's a Mitzvah!**

**5:30PM**

After the Grand Finale, help us make Temple Reyim even more beautiful than when we arrived!

*Look through each room to check for leftover LimmudBoston papers, cups, food, handouts, etc.*

*Chairs onto carts. **Join In!***



**Inspired to create the NEXT LimmudBoston?**

*You are invited to the:*

**ANNUAL THANK YOU DINNER AND DEBRIEF**

**Where:** Temple Reyim

**When:** Tomorrow Night, December 3

**Time:** 6:00 PM

**RSVP:** At the Reception Desk, or online at:

[www.LimmudBoston.org](http://www.LimmudBoston.org)

or write: [info@LimmudBoston.org](mailto:info@LimmudBoston.org)



Dear Friends

It is with great pleasure that I am writing to wish a hearty mazal tov to everyone who has worked so hard to create LimmudBoston 2018. I am sure the event will build on the success of past years.

Limmud's growth around the world has been astounding. Limmud's unique model of volunteer-led, cross-communal, multi-generational and transformational Jewish experiences is now truly global. There are now 89 Limmud groups in 42 countries round the world. In 2017 there were 72 Limmud events run by 4,000 volunteers with 40,000 participants. These events are all inspired and supported by the Limmud organisation, which provides training and support to Limmud groups around the world (you can find out more at [www.limmud.org](http://www.limmud.org)). Limmud is now truly a global community and we encourage you to attend Limmud events in other parts of the world if you are able to do so.

Limmud seeks to take every individual who attends our events one step further on their Jewish journey. Each individual will have a different Jewish journey yet I have no doubt that given the excellent and diverse programme that has been developed, LimmudBoston will achieve this goal. I would like to extend my congratulations to the wonderful team of volunteers and all those who have put so much effort into creating this event and Limmud community, and I wish you every success.

David Hoffman

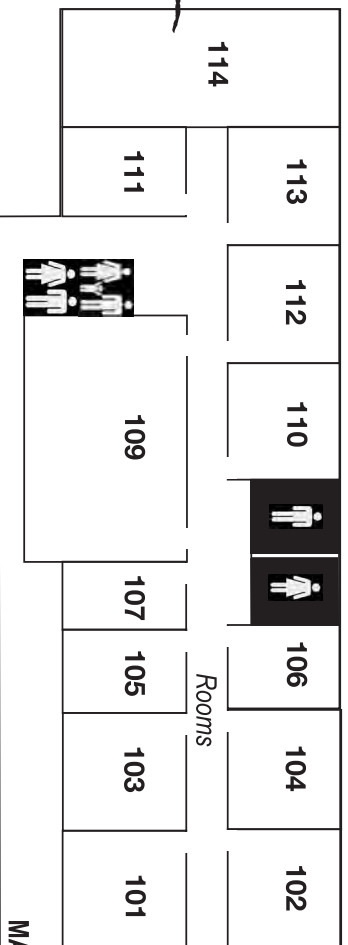
Chair, Limmud

December 2018

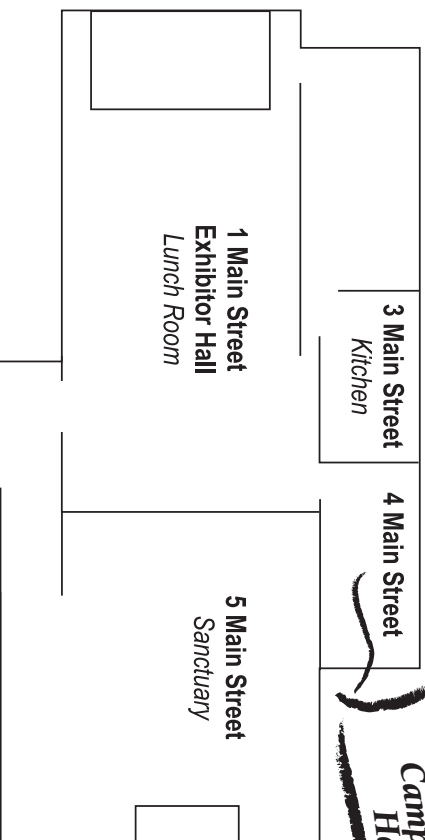
# LimmudBoston

INSPIRATIONAL ✧ EDUCATIONAL  
JUST SENSATIONAL

Camp Limmud



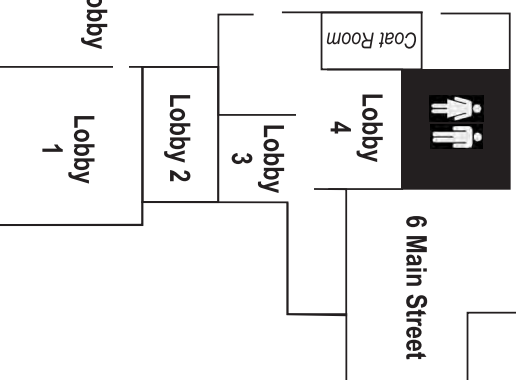
Silent Auction



MAIN ENTRANCE

Main Street

Snacks



Mayim Hayim  
Across Parking Lot

**"On Hanukkah, the first dark night, light yourself a candle bright.  
I'll you, if you will me invite, to dance within that gentle light."**

— Nicholas Gordon

## EXHIBITORS

*Please visit the LimmudBoston exhibitors in the social hall for Chanukah shopping, and more!*

**Alexander Muss High School in Israel:** Study abroad in Israel. Enrich your high school experience and your resume by spending an incredibly special semester abroad. Alexander Muss High School in Israel has a variety of sessions to choose from ranging from 6 weeks to a full semester. [www.amhsi.org](http://www.amhsi.org)

**Boston Partners for Peace:** An initiative of CJP and JCRC, Boston Partners for Peace works to amplify the voices of Israelis and Palestinians working together on grassroots projects for mutual understanding, security, and peace. [www.bostonpartnersforpeace.org](http://www.bostonpartnersforpeace.org)

**The Bulfinch Group:** Martin Lowenthal, The Bulfinch Group, helps clients understand the risks present on their balance sheet, and shows them ways to transfer that risk and optimize taxation for a more balanced and secure financial plan.  
[www.linkedin.com/in/martinlowenthal/](http://www.linkedin.com/in/martinlowenthal/)

**Century Bank:** Family values make the difference.  
[www.centurybank.com](http://www.centurybank.com)

**Chaia Heller, Artist:** The Illuminated Artwork of Chaia Heller uses vibrant color and a rich grammar of cultural symbols, texts, and letters to celebrate the diversity of Jewish imaginaries present, past, and future. *LimmudBoston thanks artist Chaia Heller for this year's LimmudBoston Program Book cover art.*

**Community Hevra Kadisha of Greater Boston:** We provide traditional burial preparation (tahara) in cooperation with Brezniak-Rodman Funeral Directors. We offer this service to all Jews, religious and secular alike, regardless of affiliation or level of observance.  
[www.hevrakadisha.org](http://www.hevrakadisha.org)

**Emily Sper:** Emily Sper is a children's book author and creator of Hanukkah games. [www.emilysper.com](http://www.emilysper.com)

**Flora on the Menorah:** Flora on the Menorah is a book and toy that includes a plush Menorah with removable candles and a plush Flora character. Flora can be connected to the Menorah or moved around the house as a fun & interactive activity during the 8 nights of Chanukah. [www.floraonthemenorah.com](http://www.floraonthemenorah.com)

**Hebrew College:** Founded in 1921, Hebrew College is dedicated to the principle that rigorous, pluralistic Jewish education is essential to building and sustaining a vibrant Jewish community. [www.hebrewcollege.edu/](http://www.hebrewcollege.edu/)

**Jewish Alliance for Law & Social Action:** Guided by the Jewish imperative to pursue justice, JALSA provides a strong membership-based, multigenerational voice that strives to achieve social, economic, racial, and environmental justice. [www.jalsa.org](http://www.jalsa.org)

**Jarfette:** Jarfette convertible clothing is a social enterprise brand solving women's fashion issues and giving back to women experiencing illness. [www.jarfette.com](http://www.jarfette.com)

**Jewish Climate Action Network:** JCAN offers an urgent and visionary Jewish voice on the crisis of climate change. [www.jewishclimate.org](http://www.jewishclimate.org)

**Jewish Genealogical Society of Greater Boston:** The Jewish Genealogical Society of Greater Boston, the premier Jewish genealogy society in New England, offers monthly programs, research and translation help, an award-winning Beginners' course, our award-winning journal, Mass-Pocha and more. [www.jsgsb.org](http://www.jsgsb.org)

**Jewish Veg:** We encourage and help Jews to embrace plant-based diets as an expression of the Jewish values of compassion for animals, concern for health, and care for the environment. [www.jewishveg.org](http://www.jewishveg.org)

**Jewish Women's Archive:** The Jewish Women's Archive documents Jewish women's stories, elevates their voices, and inspires them to be agents of change. [www.jwa.org](http://www.jwa.org)

**Kabbalah Kandles:** Locally Handcrafted Beeswax Judaica Candles for all Occasions

**Kahal B'raira:** Greater Boston's Congregation for Humanistic Judaism Celebrating Jewish Culture and Heritage Humanistically [www.kahalbraira.org](http://www.kahalbraira.org)

**Peggy H. Davis Calligraphy:** Peggy has been creating calligraphic art since 1981, with a focus on Judaica. Inspired by traditions, old manuscripts and folk art, ketubot (marriage contracts), invitations, art prints, cards and other work on paper. [www.HebrewLettering.com](http://www.HebrewLettering.com)

**Upland Road Eco Boutique:** Upland Road is an eco-boutique selling sustainable clothing, kitchen goods, jewelry and gifts. [www.uplandroad.com](http://www.uplandroad.com)



**Happy Chanukah**



# Bios

***Schedules Happen! Kindly check notice boards and daily handouts for up-to-date schedule announcements.***

**Len Abram** is a novelist and taught writing and literature. His books include “The Medallion,” and “Debris.” His interest in Russia came from a father in the Russian army and a cousin, a graduate of the Gulag.

**Rachel Adelman** is an assistant professor of Hebrew Bible in the rabbinical program at Hebrew College. She has worked as a research associate in the Women’s Studies in Religion Program at Harvard Divinity School. When not writing books, articles, or divrei torah, it is poetry that flows from her pen.

**Katy Z. Allen** is the co-founder and president pro-tem of the Jewish Climate Action Network. She is the founder and rabbi of Ma’yan Tikvah. A Wellspring of Hope, which holds services outdoors all year, and is the facilitator of spirituality and Earth programs at Open Spirit in Framingham. She is the editor of the newly released book *Earth Etudes for Elul: Spiritual Reflections for the Season*.

**Aliza Arzt** is a home care speech therapist and long-time member of Havurat Shalom of Somerville MA. She loves researching interesting questions about Biblical Hebrew and often discovers new insights and connections.

**Joey Baron** is the Artistic Director of the Jewish Arts Collaborative and was formerly the Co-Founder and Executive Director of the Boston Jewish Music Festival. His feature, *Joey’s Gems*, can be heard the Chagigah radio show every Sunday on WERS.

**Betty Bauman** currently works as a vocal music specialist and chorus teacher in the Stoughton Public Schools and is the artistic director of Arbah Kanfote, a Jewish women’s chorus in Sharon. Betty sings with Zamir Chorale, where she also serves as the Soprano Section Leader.

**Barry Bergman’s** goal in writing haggadot is to create a seder where everyone participates, learns, and has fun. Come join the session to create the best haggadah for your family and friends.

**Daniel Berman** is the rabbi at Temple Reyim. He received his B.A in Jewish History from Columbia University under the guidance of Professors Yosef Hayim Yerushalmi and Michael Stanislawski. He studied political science at Hebrew University, and received his J.D. from Northeastern University School of Law.

**Elie Berman** is a 11th grade student at Newton South High School. She attended the Jewish Community Day School from K-8. She loves theater and music and performs at the Watertown Children’s Theater and at school.

**Mark Binder** is an author, storyteller, and a nice guy. The former editor of the Rhode Island Jewish Herald--back when there was such a thing as a for-profit Jewish newspaper--he writes the award-winning “Life in Chelm” series of books and stories.

**Kenneth Bob** is national President of Ameinu, Chair of Project Rozana USA, on the J Street Board of Directors and a member of the Jewish Agency for Israel Board of Governors Executive Committee.

**Michael Bohnen** is a lawyer and foundation executive and active volunteer in the Jewish community.

**Naftali Brawer**, a rabbi, is the Neubauer Executive Director at Tufts Hillel and the University’s Jewish chaplain. He has been Chief Executive of the Spiritual Capital Foundation and senior rabbi to the Borehamwood & Elstree Synagogue in London. He has taught Torah to diverse audiences in the United States, Europe, South Africa and Australia.

**Mel Brown & Joel Segel** are co-founders of the Shabbat by the Creek minyan. Mel is the founder of several lay Torah-study groups.

**Irene Buchine** has worked in early childhood settings for more than a decade. Her interest in art and communication led her to start a successful design and marketing studio. From her personal experience raising a child with depression and her own challenges as someone who struggled with Dyslexia, she has known what it is like to be unseen, marginalized and helpless.

**Michael Burstein** won the 1997 Campbell Award. His short fiction, collected in *I Remember the Future*, has been nominated for ten Hugos and four Nebulas.

**Ceceley Chambers** is a board-certified chaplain, a Jewish spiritual director, a Mikveh Guide and Educator at Mayyim Hayyim, and a certified CREATOR through PeaceLove.

**Misha Clebaner** is currently in his final year of studies to receive his Masters in Jewish Education as well as Rabbinic Ordination from Hebrew College. He has served with many organizations including the AmeriCorps and American Jewish World Service in India.

**Carol Clingan** is a genealogist and historian. She has traced her own family in Ukraine and Belarus back to 1800, and does both genealogical research and teaching for would-be genealogists. She has served for many years in leadership positions at Temple Beth Elohim, Action for Post Soviet Jewry, the Vilna Shul, and the Genealogical Society of Greater Boston.

**Eli Cohn-Postell** is the Director of Israel Engagement at JCRC Boston, which organizes the Boston Partners for Peace initiative with support from CJP.

**Susie Davidson** contributes to HuffPost, the Jewish Daily Forward, JewishBoston.com, Shalom Magazine, WickedLocal.com and other national and international media, and authored a 2005 book and documentary film, “I Refused to Die,” about local Holocaust survivors and liberating WWII soldiers.

**Fred Davis** is Vice-President pro-tem of the Jewish Climate Action Network, and member of Temple Beth David, Westwood. He has been professionally engaged in the energy field since 1978, writing and speaking on energy-efficiency and lighting.

**Steve Ebstein** has been singing in the synagogue since his childhood. He has sung in and soloed with the Zamir Chorale of Boston since 1980 as well as other choruses and early music ensembles in the Boston area. He serves as High Holiday cantorial leader at Temple Emanuel in Newton.

**Sara Eifler** is the Program Manager for Jewish Veg, a nonprofit organization that encourages and helps Jews to adopt plant-based diets as an expression of Jewish values.

**Carl Sharif El-Tobgui** is Assistant Professor of Arabic and Islamic Studies, and Director of the Arabic Language Program, at Brandeis University. His specialty is Islamic thought. He taught at Harvard and Middlebury College. He is involved in interfaith work.

**Mark Elber**, rabbi of Temple Beth El, in Fall River, MA, has an MFA in Poetry from Warren Wilson College, is a prize-winning poet, songwriter, and author of “The Sacred Now: Cultivating Jewish Spiritual Consciousness” and “The Everything Kabbalah Book.”

**Jeff Foust** is a rabbi and Jewish Adviser and member of the Spiritual Life Center at Bentley University. He is a student and teacher of Kabbalah (embodied spirituality), emphasizing the integration of the spiritual, intellectual, emotional and material aspects of our lives. Jeff is also active in building positive interfaith relations, in pastoral care, counseling, and teaching.

**Etai Freedman** joined MEET (Middle East Entrepreneurs of Tomorrow) as its Development Director in 2014. Etai works to educate and empower young Israeli and Palestinian leaders, teaching them how to build an infrastructure for peace through binational social, economic and political initiatives.

**Lev Friedman** received ordination as a rabbi this June from the Rabbinical School of Hebrew College. He is a founder of B'nai Or Religious Fellowship of Boston. Reb Zalman ordained him as Maggid, Rabbinic Pastor and Cantor.

**Sara M. Gardner** is a food historian and researcher who works as the Associate Director for Young Adult Programs at Hebrew College. Sara researched the culinary heritage and cultural identity of Sephardic Jews in Madrid as a Fulbright Scholar. Boka Dulse is her a food blog dedicated to Jewish food history. She is editor of The Rosh Hashanah Seder Cookbook: Stories and Recipes from the Reform Jewish Community of Madrid.

**Stacie Garnett-Cook** is the Chief Program Officer at InterfaithFamily where she works on interfaith, diversity and inclusion. She has a passion for bringing people together. Stacie is in an interfaith marriage.

**Peter Gerler** has been published in American Legacy, DownBeat, JazzTimes, Humanities, The Boston Globe, New Orleans Gambit, WBGO Upbeat, and www.nejazz.com. He lived in New Orleans during the 1990s and is working on a book about Louis Armstrong's mentor, jazz legend Joe "King" Oliver.

**Merissa Nathan Gerson** is a writer and educator based on Martha's Vineyard. Her writing appears in The New York Times, The Atlantic, Tablet, Playboy and beyond. She was the inherited trauma consultant to Amazon's hit show, Transparent, and speaks nationwide on the inheritance of trauma and memory, as well as on sex, gender and sexuality in Judaism. She is the founder of www.KenMeansYes.org, a consent advocacy initiative, and is a vocal rape prevention activist.

**Michael Gevelber** is a Professor of Mechanical Engineering at Boston University, who's research focuses on optimizing energy use in commercial and residential buildings. He serves on Newton's Energy Commission, BU's Climate Task Force, and is a co-leader of Congregation Beth El's Hevra Kadisha.

**Shirel Gidekel** has degrees from both the Jerusalem Rubin Academy of Music and Dance and the Buchmann-Mehta School of Music in Tel Aviv, as well as a Masters in Arts Performance from Brooklyn College CUNY. She is currently Director of Music at The Rashi School.

**Mark Glass** is the rabbi of the Adams Street Shul in Newton, MA. From Manchester, UK, he received his BA in Philosophy, MA in Jewish Philosophy, and Semikhah at Yeshiva University. He was previously an Assistant Director of Advocacy at ORA, the Organization for the Resolution of Agunot.

**Neal Gold** is a rabbi who teaches and writes about Jewish texts, Israel, and intersections between Jewish spiritual life and the contemporary world. He currently serves as Jewish Chaplain & Hillel Director at Babson College and also teaches in Me'ah.

**Ellie Goldberg** is an educational consultant at www.healthy-kids.info and an environmental health advocate for healthy children, safe schools and sustainable communities. She is active in Mothers Out Front, Green Newton, Newton Coalition for Climate Action, Clean Water Action and Congregation Dorshei Tzedek.

**Mitch Gordon** is a mediator, meditation guide and teacher, and a conflict resolution specialist. He has trained and taught at the Harvard Program on Negotiation, Conflict Management Group, The World Food Programme in Rome, The World Bank, the Israeli- Palestinian Negotiating Partners program, and synagogues, courts, and other places where disputes can be found. He is also a professional drummer.

**Benjamin Gorelick** is a passionate educator. He is the former president of a 4 year college and now works at Mifneh L'Kedusha. He lives with his wife, Pookey, and dog, Stromsmo.

**Steven Green** is Vice President of Congregation Beth Israel in North Adams, and Board and Chair of the Spiritual Life Committee. He is a former Zen student and a 20+ year meditator.

**Stefanie Groner** is a third-year resident in Cambridge's Moishe House. She works full-time in healthcare technology.

**Ruth Grossman** teaches Communication Sciences and Disorders at Emerson College. Her research is focused on face-to-face communication in children with Autism Spectrum Disorders (ASD). She is specifically interested in how children with ASD integrate and produce verbal and nonverbal information.

**Jayne Guberman** is Co-Director of the Adoption & Jewish Identity Project, an educational and advocacy initiative dedicated to supporting Jewish adoptees and their families and creating an inclusive Jewish community. She is co-authoring a book with Co-Director Jennifer Sartori about adoption and identity among American Jews.

**Jake Harris** came to the pursuit of the cantorate after obtaining a degree in voice from the Longy School of Music. Jake's music has been performed around Boston and on WBUR. He is the great-great-great-nephew of the liturgical composer Louis Lewandowski and hopes to follow in his ancestor's footsteps.

**Mona Henoach** was raised on Nantucket, MA as a Protestant and moved to NYC at age 19. She met her future (now ex) Jewish husband and converted to Judaism. A graduate of Brooklyn Law School and the proud mother of two IDF soldiers. She moved to Israel in 2008 and has never looked back and or ever been happier!

**Sara Hurwitz**, a rabba, is Co-Founder and President of Yeshivat Maharat, the first institution to ordain Orthodox women as clergy. She also serves on the rabbinic staff at the Hebrew Institute of Riverdale. In 2009, she was the first Orthodox woman to receive ordination.

Publisher of "Earth Etudes for Elul," **Thea Iberall** is a shimmering bridge between heart and mind. She was inducted into the International Educators Hall of Fame, and is featured in the documentary "Poets, Passion and Poetry." A student of history and an Ashkenazi Jew, Thea combs Bible, prayer books and archaeological reports for inspiration.

**Daniel Jackson** is a photographer and professor of computer science at MIT. His book, Portraits of Resilience, was published by MIT Press in 2017 and covered by NPR, PBS and the Boston Globe.

**Eliana Jacobowitz** is the rabbi of Congregation B'nai Brith in Somerville. In supplementary Jewish education, she focuses on Holocaust education, and Jewish mysticism for teens. She is the facilitator of the Gvanim Leadership program of the American Israel Council in Boston. Eliana is coeditor of the Hebrew translation of These are the Words, by Arthur Green.

**Andrea Kamens** is a professional storyteller. She is on the board of The Story Space, New England's longest running weekly story venue, a teacher at Dorshei Tzedek, a writer, community volunteer, and a flaming Jew.

**Lori Kipnes** is the director of Hebrew learning at Keshet in Newton. She has more than 30 years of teaching experience in pluralistic settings, for students with different learning styles. In her spare time (ha!) Lori enjoys reading, cooking, theater, and Cape Cod.

**Suri Levow Krieger** is a rabbi and spiritual leader of B'nai Or: Jewish Renewal of Greater Boston. She was ordained by AJR Academy for Jewish Religion. She studied with Reb Zalman Schachter-Shalomi. Suri is also an Adjunct professor at Sacred Heart University, serving as rabbi on a Catholic Campus.

**Kim Kronenberg** is the Associate Director of Science Training Encouraging Peace - Graduate Training Program (STEP), a person-to-person, cross-border program that funds the graduate education of Israeli and Palestinian scholars, in pairs, in academic health science programs in Israel.

**Judith Kummer** is a rabbi who serves as Executive Director of the Jewish Chaplaincy Council of Massachusetts. She is an avid organic gardener, a potter, hiker, and a social activist.

**Zoë Lang** is a musicologist whose research examines Germany and Austria during the nineteenth and twentieth centuries. She is also a violinist and plays in the North Shore Philharmonic Orchestra.

**Iris Lavine** has been making & wearing her own decorated kipot for many years. She began making them as an alternative to wearing hats or doilies as head coverings at shul.

**Allan Lehmann** is a rabbi who serves as Associate Dean and Co-Director of the Bet Midrash at Hebrew College Rabbinical School. He teaches, advises, and mentors students, drawing upon decades of pastoral experience in the pulpit and on campus.

**Bernice Lerner**, Dean of Adult Learning at Hebrew College, formerly directed Boston University's Center for Character and Social Responsibility. She is the author of *The Triumph of Wounded Souls: Seven Holocaust Survivors' Lives*, and several book chapters and essays pertaining to ethics and character education.

**David Lerner** has served as the rabbi of Temple Emunah in Lexington since 2004, teaching tefillah, halakhah, Jewish thought and spirituality. He has served as the vice-president of the Massachusetts Board of Rabbis, the chair of the Rabbinical Assembly's Commission on Keruv, Conversion & Jewish Peoplehood.

**Rona Leventhal** has been sharing her passion for the power of story for 27 years, touching the minds and imaginations of her listeners. She is an educator, teller of tales, and workshop leader.

**Anne Levy** sang in the New Haven Chorale and the Mendelssohn Club of Philadelphia. While living in Paris, she performed as a soloist in Michael Haydn's Vespers. Anne joined the Zamir Chorale of Boston in 2005 and sings at High Holiday services at Temple Beth Tikvah in Madison, Connecticut.

**David Link** is a retired pediatric nephrologist whose interest in Agnon dates from his childhood..

**Richard Lustig** is an active amateur musician who has performed for 18 years with the Zamir Chorale of Boston, where he currently serves as bass section leader. Along with Cantor Louise Treitman, he is co-founder of "Il Concerto di Salamone Rossi Hebreo, an ensemble featured at synagogues throughout the Boston area.

**Claudia Marbach**, a rabba, recently received semicha from Yeshivat Maharat, and has launched One Night Shtender, a pop-up beit midrash for women. She co-runs a partnership minyan called Yedid Nefesh, and participates in interfaith dialogue through the Daughters of Abraham network.

**Bruce Marcus** is a storyteller who has been wowing audiences since 1990 with his original stories, poems, crowd-pleasing rhyming tales, and interactive activities, while conveying the cleverness, warmth and humor of Jewish, and other, stories.

**Natan Margalit** has taught at Bard College, the Reconstructionist Rabbinical College and the Rabbinical School of Hebrew College, and currently serves as rabbi of The Coalition in Western Connecticut. He is Founder of Organic Torah, a non-profit which fosters holistic thinking about Judaism, environment and society.

**Cindy Rivka Marshall** aims to reach, teach and change with stories, addressing the needs of congregations, schools, organizations, and individuals. A story coach and an award-winning performer, Cindy facilitates groups to share stories in order to enhance learning experiences and build community.

**Carol Marton** is the founding Artistic Director of Koleinu, Boston's Jewish Community Chorus. She is also a singer and conductor with Triad: Choral Collective. Carol has directed Sharon's MA Temple Sinai Choir and has been on the faculty of the School of Jewish Music at Hebrew College.

**Miriam May** is the Executive Director of the Friends of the Arava Institute. The Arava Institute for Environmental Studies is a leading research & academic institution for Israelis, Palestinians, Jordanians, and students from around the world working to advance cross-border environmental cooperation.

**Deborah Melkin** has been singing with the Zamir Chorale of Boston since 1998. She is a past vice-president and is now the alto section leader. Deborah has also been one of the High Holiday service leaders at the Vilna Shul since 2006.

**Ben Newman** is a mystic and singer/songwriter who has struggled with mental illness and returned to a place of balance.

**Hanna Shaul Bar Nissim** is a Visiting Scholar at CMJS, Brandeis University. Her research interests include the contemporary structure of American Jewish philanthropy, religion and philanthropic organizations, public policy and philanthropy, intergenerational transfer of philanthropic values and behavior, Diaspora philanthropy and philanthropy and philanthropists in Israel. She is a program officer at the Ruderman Foundation.

**Maya Norton** is the Fundraising Manager for Hand In Hand, the only network of bilingual Jewish-Arab schools in Israel. In 6 schools, 1900 Jewish, Muslim & Christian students learn side-by-side from preschool through high school, putting into daily practice the values of equality and mutual respect.

**Suzanne Offit** is a rabbi and board certified chaplain working at Hebrew SeniorLife as in post acute services in Roslindale. She was ordained at the Rabbinical School of Hebrew College. Suzanne lives in Newton with her husband, Andy. They have three grown boys and 12 hives of honeybees.

**Debra Olshever**, is a post adoption therapist who works with parents, young adults, teens and children, in groups or individually. She also leads workshops that increase public knowledge of adoption issues.

**Sandy Orenstein** is a post adoption therapist helping clients who have experienced loss, trauma, substance abuse and/or other risky behaviors, especially older teens & young-adult adoptees. She also runs groups for parents of young adults.

**Eli Ovits** is chief executive of Limmud International. Representing Limmud in 43 countries, Eli supports the development of Limmud, its programs, and its volunteers. Eli is a Captain (res) in the IDF Spokespersons Unit and a graduate of Hebrew University. He has lectured/traveled widely working to combat extremism and strengthen our global Jewish community.

**Mitzi Weinman** Perlmutter is founder of TimeFinder. A certified health coach, speaker & author, she helps people develop healthy habits, reduce stress, lose weight & improve productivity. Mitzi is the author of "It's About Time! Transforming Chaos into Calm, A to Z.

**Andrew Pessin** is Professor of Philosophy at Connecticut College, as well as Campus Bureau Editor of *The Algemeiner*, among the fastest growing Jewish news outlets in America. He also had the privilege of playing "The Genius" several times on the David Letterman show.

**Marcia Plumb** is the rabbi of Congregation Mishkan Tefila in Brookline. She has studied with Islamic scholars in many interfaith settings and has found it engaging, moving and necessary for the sake of our shared history and a future of peace.

**Louis Polisson** is thrilled to have recently joined Congregation Or Atid of Wayland, MA as rabbi. He is also a musician and a composer.

**Mark Rosenberg** teaches at Bentley University and is a ski instructor. He and his family spend winters on ski slopes and summers at the beach.

**Lois Rosenthal**, a lay-leader at Temple Tifereth Israel of Winthrop where she teaches Hebrew school, prepares b'nei mitzvah, and is a member of the local CREW poetry group. She is retired from an academic career in chemistry.

**Jonathan Sarna** is professor of American Jewish History and Chair of the Hornstein Jewish Professional Leadership Program at Brandeis University. Dubbed by the Forward newspaper as one of America's fifty most influential American Jews, he was Chief Historian for the 350th commemoration of the American Jewish community and is recognized as a leading commentator on American Jewish history, religion and life.

**Jennifer Sartori** is Co-Director of the Adoption & Jewish Identity Project, which supports Jewish adoptees and their families in creating personal, family, and communal identities and advocates for an inclusive Jewish community. She is co-authoring a book about adoption and identity among American Jews.

**Barry H. Schneider** teaches psychology at Boston College, where his course offerings include a seminar on mental illness in film and several courses in cultural psychology. He brings 35 years of experience in clinical psychology to his work. Jewish film is his personal passion.

**Joni Schockett's** love of food, writing and passion for creating recipes come together on a joyous career path that has allowed her to teach and learn in many settings. She currently writes for Boston's Jewish Advocate and New York's Jewish Star.

**Joel Segel** plays and sings his own compositions at Beth El Sudbury, Temple Sinai Brookline, the ALEPH Kallah, and Shabbat by the Creek. He co-authored two books with Rabbi Zalman Schachter-Shalomi: Jewish with Feeling, listed among Publishers Weekly's Best Spiritual Books of the year; and winning a National Jewish Book Award.

**Josh Schreiber Shalem** is a rabbinical student at Hebrew College, musician, and teacher of the Feldenkrais Method of Somatic Education. He combines these pursuits to create an experience he calls Embodied Judaism.

**Leann Shamash** is a teacher, mentor, photographer, shpiel director and gardener. She was a religious school education director and day school teacher.

**Sandy Slavet** holds a Master Degree of Education and was the Director of Jewish Life Services for People with Disabilities at Jewish Family & Children's Services (JFCS). In addition, she served as the Director of the Disabilities Resource Network at JFCS (an information and referral service for individuals, family members and professionals).

**Ilana Snapstailer** became the Executive Director of Keshet Newton in 2014. She has over 13 years of informal and formal classroom teaching experience. Ilana is passionate about bridging the knowledge and skills gap between Jewish supplementary school and Jewish day school students.

**Talia Stein** is a fourth year rabbinical student at Hebrew College Rabbinical School. She is a proud alumna of T'ruah's summer Human Rights fellowship and Year-in-Israel fellowship. Before rabbinical school, Talia served as the Director of Jewish Student Life at Hillel at the University of Washington.

**Kyler Taustin** has been a member of the Zamir Chorale of Boston since 2012. He has regularly served as a guest soloist at his childhood synagogue, Temple Bat Yam, in Berlin, Maryland since 2009. He is a founding member and the Artistic Director of Brown Box Theatre Project.

**Louise Treitman** is a cantor, and Senior Advisor at the School of Jewish Music at Hebrew College. She served Temple Beth David of Westwood for 20 years, and is Cantor Emerita. Her HHD pulpit is in Rome, Italy. She sings with the Zamir Chorale of Boston and was formerly assistant conductor. She is also co-director of Il Concerto di Salamone Rossi Hebrew.

**Malky Wandel** loves showing the real Israel through the most powerful thing, the camera!

**Sindy Wayne** serves as the Executive Director of Kids4Peace Boston, a non-profit organization that trains a diverse group of interfaith middle school and high school youth from the Boston area to become peace leaders.

**Alona Weimer** is a graduate of African & Afro-American Studies from Brandeis University. She is currently a JOIN for Justice Fellow and works to organize Jews in solidarity with communities of color in her new job at Temple Israel of Boston, where she serves as their first Racial Justice and Immigrant Justice Organizer.

**Phyllis Werlin** has been with the Zamir Chorale of Boston since 1989. She is the High Holiday soloist at Congregation Agudas Achim-Ezra Israel in Malden and recently graduated from the School of Jewish Music at Hebrew College with a certificate in Jewish Sacred Music.

**Jonathan Wolf** is executive director of YASHAR: the institute for Jewish Activism. He has served as Social Policy Director of the Synagogue Council of America, Jewish community liaison to Cesar Chavez and the UFW, and a leader/founder of CAJE, AJWS, and many other Jewish organizations.

**Joe Wolke**, a recently retired technology consultant, is teaching his passion, the study of Jewish history and culture. He is a lifelong student who regularly participates in Shalom Hartman, synagogue and community based classes. He loves helping students develop their own passions for Jewish history and culture. Joe is the Keshet Newton Middle School Yahadut teacher.

**Iris Yaniv** lives in Israel where she is a secular humanistic rabbi and Bible scholar. She has been studying and teaching Bible and other Jewish texts for about 30 years, and leads at Yahel, a liberal humanistic congregation in Haifa.

**Malka Young** is a Licensed Clinical Social Worker and a Certified Care Manager. For the past 32 years, Malka has worked with older adults and their families in the community and health care settings.

**Toby Zaitchik** is a post adoption therapist. She supports all members of the adoptive family to foster understanding, communication and strengthen family connections. She works individually and offers support groups for parents and children.

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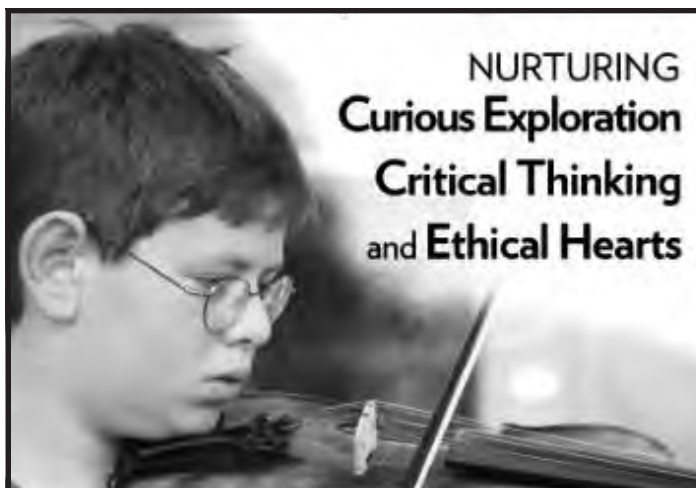


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# You've Decided on Dental Implants, Now What?



In areas such as Boston, you can find a Prosthodontist (a specialist in dental restoration) who has the education, training, and experience to complete both phases, surgically place the implant and create the crown/bridge attached to the implant, from start to finish. Otherwise, you will have two doctors work together (one surgical and one restorative) to complete treatment.

When preparing for dental implant treatment, ask the following questions:

## 1 What are the financial guidelines?

Dental implants are a long-term investment in your overall health as well as your dental health. Having a financial plan is imperative in preparing your treatment.

## 2 What are your expectations?

Have the end result in mind when starting; are you interested in having your teeth permanent or removable? Do you want single crowns, a bridge or a denture? Do you want to plan your treatment in phases for financial purposes? What are the options available?

## 3 What costs are included in your treatment plan?

The financial agreement should include three parts; surgical - which may include more than the implant placement, interim phase - a tooth to fill in the space during the healing process, and the final prosthetic treatment - crowns, bridges, dentures, etc.. Are x-rays, models, surgical guides, and other aspects of treatment included?

## 4 How will your treatments be planned?

Will a milling machine be used to have your tooth placed in one day or is waiting 3-6 months a better option? If your implant requires healing time, what will you have in place of your missing teeth?

## 5 Is one type of implant used or a variety based upon your needs?

Every implant case is different. It is important to have the experience, ability, and flexibility with different systems.

## 6 Does the dentist use a dental laser or traditional surgical means?

If applicable, dental lasers are less invasive, have less healing time, and better aesthetic results.

## 7 What type of sedation is available for any and all stages of treatment?

There are a variety of options available, including sleep sedation. Which is best for you?

## 8 Is a CT Scan being used?

When a CT scan is being used, your doctor can see beyond conventional xrays.

If being referred to an Oral Surgeon or Periodontist for implant placement, and having your dentist complete the crown or bridge, know the following:

- 1 Which specialist is planning the treatment?
- 2 How are the specialists communicating about your case?
- 3 With several types and specifics of dental implants, does your restorative dentist have a positive experience with the specific brand of implant being placed?

With the right information and insight to your treatment, you can have a positive experience and excellent results.

Steven D. Spitz, DMD, is a Prosthodontist with focus on dental implants and laser dentistry. Dr. Spitz is owner/practitioner at Smileboston Cosmetic and Implant Dentistry, has been honored as, "One of the most reputable places in Boston for cosmetic procedures," as well as a 2017 Top Dentist by Boston Magazine. He is on record with the Academy for Sports Dentistry as the dentist to the Boston Red Sox. [www.Smileboston.com](http://www.Smileboston.com).



# DOMESTIC ABUSE /S A JEWISH ISSUE

## Does your partner/spouse:

- **Make it difficult** for you to see family and friends?
- **Make decisions** for you?
- **Frighten** you?
- **Hurt** you?

## Do you:

- Feel like you are **walking on eggshells**?
- Feel **disrespected**?
- Feel like **things are getting worse**?

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Help is available if you want to talk, ask questions, and learn more.  
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This project was partially supported by the Massachusetts Office for Victim Assistance through a Victims of Crime Act of 1984 (VOCA) grant from the Office for Victims of Crime, Office of Justice Programs, U.S. Department of Justice.



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### Training

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